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## PATIENT GUIDE IN THE USE OF A HAND HELD NEBULIZER VIA TRACH MASK

### OPERATING INSTRUCTIONS

1. Before initial operation, nebulizer should be cleaned. Follow the recommended Cleaning Instructions outlined below.
2. **Do not run unit without filter.**
3. Assemble the nebulizer kit.
4. Secure one end of the tubing to the compressor air outlet.
5. Connect the other end to the nebulizer.
6. Add liquid medication to the nebulizer according to your physician's prescription.
7. Remove the line cord from the storage bin in the rear of the unit.
8. Plug into a 115V/60Hz wall outlet.
9. Attach nebulizer to trach mask.
10. Press the power switch ON to start the compressor.
11. Attach trach mask to patient.
12. As aerosol begins to flow, **inhale deeply, slowly, and hold your breath for 10 seconds.** Then exhale slowly through the mouthpiece. Continue until medicine is gone. Treatment usually takes 10-15 minutes.

### CLEANING OF EQUIPMENT

1. With proper maintenance your disposable nebulizer kit should last 14 days. Since the nebulizer is disposable, it is recommended that an extra kit be kept at all times.
2. After each treatment, rinse nebulizer and shake off excess water.
3. Clean the trach mask with soap and water weekly and as needed.
4. At the end of every day:
  - a. Remove the nebulizer from the air tubing.
  - b. Disassemble nebulizer chamber.
  - c. Fill a plastic container or bowl with hot water and mild detergent solution.
  - d. Thoroughly clean the nebulizer in hot water and mild detergent solution.
  - e. Remove from the water/detergent solution and rinse with clear hot tap water.
  - f. Air dry thoroughly on a clean paper towel.
4. Once a week:
  - a. Fill a plastic container or bowl with hot water and vinegar solution (1 part vinegar to 3 parts water)
  - b. Soak in hot water/vinegar solution for 30 minutes.
  - c. Rinse with hot tap water again and air dry thoroughly.
  - d. Keep outer surface of tubing dust-free by wiping regularly with a damp cloth.

## CLEANING OR REPLACING THE FOAM INTAKE FILTER

1. Clean the filter once a month or sooner if filter discolors.
2. Unplug unit.
3. Open cover of storage compartment to gain access to filter.
4. Remove filter and clean with soap and water. Let dry thoroughly before use.
5. Replace filter if it becomes clogged, torn or has a worn appearance.

## SAFETY PRECAUTIONS

1. Do not remove outer case of this unit. All disassembly and maintenance of this unit **MUST** be done by a qualified service technician.
2. Unplug the unit before cleaning. **DO NOT** submerge in water to clean. Clean outer case with damp cloth.
3. Always unplug this product immediately after using.
4. Do not place or store unit where it can fall or be pulled into a tub or sink.
5. Close supervision is necessary when this product is used by, on, or near children or physically-challenged individuals.
6. Never operate this product with a damaged cord or plug.
7. Keep the cord away from heated or hot surfaces.
8. Never drop or insert any object into any opening.
9. Never use while sleepy or drowsy.
10. Never block the air openings of the product or place it on a soft surface, such as a bed or couch, where the air openings may be blocked. Keep the air openings free from lint, hair and the like. Blocked openings may cause the unit to shut down.
11. This unit is oil-less. **DO NOT** lubricate.